



Women's Probud Club of Cambridge

The Merry Month of May!



Next Meeting

Friday May 15, 2026

Time: 9:30 – 11:30 am

Portuguese Club
870 Townline Rd
Cambridge, ON
N1T 2G3

[Women's Probud Club Of
Cambridge Website](https://womensprobudclubofcambridge.ca/)

(Ctrl +click)

[https://womensprobudclubof
cambridge.ca/](https://womensprobudclubofcambridge.ca/)

Please Remember:

Should you be aware of a fellow Probrian who may welcome a gentle connection, whether through a card of support for illness, sympathy, a hospital visit or simply a "thinking of you", please contact Kay Mattear (519 623-3241)



May Greeters:

If YOU would like to welcome new and old friends please let the registration desk know!

Welcome to our newest pinned Probud Member!



Welcome to Colleen Smith with our President Connie.

New Members Welcome Tea and Coffee!

On Thursday, April 9th at Seasons in Cambridge, the newer members of Probud joined the Management and Committee Team members to learn a bit more about all the fun activities that make Probud such a lively organization.



We are so happy to be a part of Probud!

May Days of Acknowledgement

Asian Heritage Month

Canadian Jewish Heritage Month

Polish Heritage Month

May 5 – Red Dress Day
National Day of Awareness for Missing and Murdered Indigenous Women, Girls, and Two-Spirit People

May 10
Mother's Day

May 24
Victoria Day

May 24-30th
National Accessibility Week



There were many delicious treats and as you can see from the plates; every morsel was enjoyed.

Your creative and dedicated management and committee team!



May's Guest Speaker: Jeanette Berenz – Rivers' Edge Gardeners



Jeanette Cooper grew up on a dairy farm in Brownsville Ontario located in Oxford County. She attended Brownsville Public School and Glendale High School in Tillsonburg. She spent 5 years at York University completing her Honours Psychology degree with a combined Bachelor of Education

with special education additional courses. Jeanette taught mostly primary grades during her 34-year career. Jeanette loves gardening with her husband on their country property and enjoys life with 2 mini-Australian Labradoodles. Jeanette developed her passion for gardening many years ago.

"My love of gardening came from my grandmother, my mom and then over different properties that we've had. I just love it," she said. "For me it's about exercise and mental health. And the beauty. There's always something new to see when I take my coffee and walk around the garden. Every day something new is coming out or passing."

May Birthdays

*Wishing you all
the Best!*

Marion Bale

Lesley Bansen

Paulette Bissonnette

Cathy Button

Norma Dobson

Kathleen Kamping

Linda Manzl

Marilyn Parkinson-

Crump

Catherine Pettem

Kathy Tschirhart



April's Guest Speakers: Alex Allen and Volunteer Lynn Weimer from Hospice Waterloo Region.



Alex's and Lynn's thought-provoking questions and gentle humour helped us to bridge difficult conversations and got us all thinking. Including ... who has copies of my power of attorney?



Committee Updates

Note: You will find contact details on the last page of the Newsletter.

"Who Am I?": At the start of our meetings, it is always a pleasure to get to know both our new and long-standing members. While you may have been part of Probus for many years, our newer members may not yet know your story, so please don't hesitate to share.

If you are interested in sharing a little about who you are, please reach out to Carol Bonnett.

Book Club #1: This club did not meet in April.

The Page Turners (Book Club #2): April's read was **The Spirit of Scatarie** by Lesley Crewe.

Hurrah! Our fancy new name tags have arrived, and were received enthusiastically.

As a reminder, the new tags are magnetic. Please heed the warning of NOT wearing it if you use a pacemaker. If you need an alternative name tag, please advise Connie T.

Going forward it will be the responsibility of each member to keep their tag and to bring it to each meeting.

Thank you to Gaenor for coordinating all the details including picking up the tags.



Culture Club:



Eight ladies from the Culture Club had a beautiful day in Kleinburg at the McMichael Gallery on April 22nd.

A large collection of Canadian and Indigenous art was enjoyed by all. They had lunch at the Gallery, and everyone cleaned their plates! Despite the construction, a walk around the downtown area to explore the local shops rounded out this lovely day. Next stop is on May 28th when they are planning an excursion to the Whistling Gardens in Wilsonville.

Hiking Club: With Spring teasing us with the wild swings in temperatures, the gang headed out to the Walter Bean Grand River Trail on May 7. The targetted 10k steps per day was easily achieved as well as some laughter, bird sightings and admiring of the beautiful spring flower. Thank you to Chris for coordinating during Angela's Asian hike!



Join the Fun!

Some of our groups have reached their current capacity such as the Book Clubs, & POSH. If you would like to be a part of the fun, please contact the Convenor to be placed on a wait list.



Renewal of PROBUS Membership could not be simpler!

You can pay your annual dues of \$75 by

- Cash
- Cheque: made out to WOMEN'S PROBUS CLUB of CAMBRIDGE
- E-transfer to agroulx519@sympatico.ca

For those who would like to be "early birds", renewals will be accepted at the June meeting.

Thank you and have a wonderful summer.... Marilyn



Euchre Club: Always a good time, and there is an open invitation for more card players!

Technology Booster Club: The current session will be wrapping up in June.

Theatre Club: The theatre group saw the uplifting show *Finding Neverland*, on April 18, at the Hamilton Family Theatre in Cambridge.

The next play on the list is Agatha Christie's *And Then There Were None* on May 21 at the St. Jacob's Country Playhouse.

Please check out the sign-ups at the next meeting. Plans are underway to see *Sorry...I'm not Sorry* and *Sister Act* in July, if there is sufficient interest.

ArtC: This club had their first gathering on March 12 with a "Learn to Crochet", and a follow-up session on April 9th. These gatherings were hosted and led by Cathy Button. The next meeting will be on May 14th, when Cathy will be demonstrating how to make Sourdough. (Editor's note: Please make sure Cathy shares her apple cinnamon roll recipe – delish!).



Dish clothes have never looked so pretty!

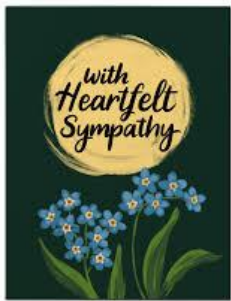
Mahjong Club – Express Your Interest

One member has offered to host, most likely on a Wednesday or Thursday afternoon, every second week, come September. If anyone is interested in learning or playing, please reach out to Liz Jeans at liz@jeansfamily.ca



It is with great sadness that we share the news of the passing of our fellow PROBUS member, **Loretta Alonzo**.

Let us all keep her family in our thoughts and prayers during this difficult time as we honour her memory. May she rest in peace.



Luncheon Ladies: The Luncheon Ladies went to **The Olde School House** in Brantford on Friday April 24. There were 11 members who enjoyed a relaxing delicious lunch with great service. Remember to check out the sign-up sheets as this group will continue to enjoy the best of the region throughout the summer.



School lunches were never this much fun or tasty!



Connie's Comments (President's Message)

Dear Probians,

I hope everyone is enjoying the beautiful spring flowers. Personally, I always find it exciting to see the trilliums blooming in our backyard.



Hopefully most of you are taking part in one or more of our Club's activities. If you haven't joined one of our interest groups yet, I encourage you give it some thought so you can enjoy the full benefit of being a PROBUS member. It's a wonderful way to meet others who share similar interests.

Plans are well under way for our Fashion Show on June 19 th . Don't forget to purchase your ticket in advance! It's sure to be a lot of fun! I look forward to seeing you all on May 15 th when we welcome our guest speaker, Jeanette Berenz from Rivers' Edge Gardeners.

Warmest wishes,

Connie

519-277-1738



Bake 375F – 60 mins

CAKE:

Cream: $\frac{3}{4}$ cup of margarine with 1 $\frac{1}{4}$ c sugar

(PS...mom says margarine. Not butter – not sure why?)

Add: 3 eggs (well beaten)

1 tsp vanilla

Sift: 3 C Flour

$\frac{1}{8}$ tsp salt

4 tsp Baking powder

**May's Must-try Recipe:
Rhubarb Cake with Strawberry Jello**

Add: flour mixture to cream mixture with 1 c milk.

Batter will be stiff.

Pour: into greased pan (9x12)



FRUIT TOPPING:

4 C Rhubarb with $\frac{1}{2}$ c sugar and 1 pkg (3oz) strawberry Jello . (do not use sugar free)

Spread this mix over batter.

CRUMB TOPPING:

$\frac{1}{2}$ c flour

$\frac{1}{2}$ c sugar

2-3 tbsp margarine/butter

Mix and sprinkle over fruit topping.

BAKE: Reduce heat if using glass container.

Check at 45 min mark as ovens vary.

Let cool.... serve with whip cream (the real stuff!)

If any leftovers...cake freezes beautifully.

Please share your comment on this recipe and forward your Must-Try to Linda.

Samples are always welcomed! v.linda.rodriques88@gmail.com



Committee Connections

Increase your fun by joining!

Learn more by reaching out to the welcoming Convenor

Committee	Where	When	Convenor
BOOK CLUB #1	Galt Country Club 750 Coronation Blvd Cambridge	Second Friday Morning of the Month	Marilyn Parkinson-Crump 519 653-9743 mcrump@rogers.com
The Page Turners BOOK CLUB #2	Rotating Homes	Third Wednesday Afternoon of the Month	Carol Bonnett 519 573-9076 cduffieldbonnett@rogers.com
CULTURE CLUB <i>Expanding our awareness</i>	Varies based on venue	Varies based on venue	Carol Harvey 519 619-9512 harveyce@bell.net
ArtC <i>All things Creative</i>	Various Locations	Second Thursday afternoon of the Month	Sharon Bird 519-212-2368 birdiebirdxxx@gmail.com
EUCHRE	180 Grand Avenue S. Cambridge	First Wednesday each Month	Gaenor Williams 905 802-0494 williamsgaenor@gmail.com
HIKING CLUB	Various Locations in the region	TBD	Angela Dietrich 416-320-7359 angelad@tutamail.com
LUNCHEON LADIES	Variety of venues	Fourth Friday of each Month, 12 noon	Paulette Bissonnette 519 651-1772 pauletteplb2020@gmail.com or sign-up at monthly meetings
THEATRE GROUP	Various locations	Various Times	Sylvia Brooks sbrooks963@gmail.com 416-669-6603
POSH <i>enjoying food, drink and conversation</i>	Rotating homes	First Saturday of the Month, 5 – 9 pm	Heather Cooper 519 404- 4432 hjcooper@hotmail.com
TECHNOLOGY BOOSTER CLUB <i>Learn how to maximize your tech</i>	On-Line – Zoom	First Tuesday of each Month, 1:00 pm	Kay Crawford, 519 616-8704 advisorkay@gmail.com